



Colour Therapy Training Diploma

IWOC recommendations and curriculum

Qualifications to Train in Colour Therapy

Complementary practitioners are not always good teachers and you need to consider whether you have good communication skills and plenty of practitioner experience before you decide to offer a Colour Therapy certificate or diploma course.

Individual Teachers/tutors must have a recognised Diploma in Colour Therapy and at least three years experience as a practitioner therapist, but if you are a qualified Colour Therapist IWOC would suggest that you give talks, lectures and workshops for at least a three year period before offering a full programme of Colour Therapy training.

If you want to set up a Colour Therapy school, as a Principal you should have extra qualifications, either a Teaching or Counselling Degree or other recognised complementary health qualification. Alternatively you should have made an outstanding contribution to the development and practise of Colour Therapy in your work.

All teachers must have qualifications in Anatomy and Physiology to a standard recognised for complementary practitioners. Most adult education centres in the UK offer this qualification and there are some correspondence courses available. Some Colour Therapy Schools offer specialist A & P modules for Colour Therapy on request.

Certificate Level

Minimum of 50 hours theory

Minimum of 25 hours supervised practical work

Basic A & P

Certificate Level Assessment

A certificate course should be monitored by continuous assessment to show understanding of the theory and practical assessment of application of the theory.

Examination to show a sound knowledge of the theory

A practical assessment by a trained tutor consisting of a diagnostic assessment using colour followed by advice and one practical treatment.

Diploma Level

Minimum of 100 hours theory

Minimum of 50 hours supervised practical work

A & P for Colour Therapists

Diploma Level Assessment

A Diploma course should be monitored by continuous assessment to show that a student has a thorough understanding of the theory and can apply it in a practical way.

Examination to show a sound knowledge of theory and a practical assessment in the form of assessing a colour consultant and treatment or the submission of two full case studies. (applicable in correspondence courses)

EU legislation as well as many government health complementary health organisations require that in addition to the Diploma examination papers or case studies marked by a school or individual tutor should also be checked by an external examiner. (who must have full Diploma and practitioner qualifications)
Evidence of this must be fully documented.

Colour Therapy Recommended Core Curriculum

These core subject should be covered by a Colour Therapy training course but individual training centres will extend and modify these to suit their emphasis.

General

Colour Theory – what is colour, mixing colour, primary colours, complementary colours, colour tones.

Affect of colour and light on the human organism (A & P)
including the way light affects sight, the endocrine system, the nervous system, the digestion, circulation and immune systems.

Affect of colour and light on the emotions

Affect of colour and light on the mind

Affect of colour and light on the spirit

History of Colour Therapy and new developments

Using Colour Diagnostically

An introduction to Colour Psychology

Colour for diagnosis – reflection readings

Use of a pendulum for diagnosis

Colours in the Aura

Colour Related to the chakra system

Colour in dress, décor, food and environment

Colour Healing Treatments

Colour healing through visualisation, meditation, affirmations

Colour healing through the hands

Colour healing with crystals

Colour healing using cloth

Colour healing with light instruments

Colour healing with sound, aroma, flower essences

Practising Colour Therapy

Colour therapy practice – setting up a consultation room

Code of practice and ethics

Keeping records

Guidelines for marketing, advertising and building a business

To IWOC Master Practitioners:

If you approve these core subjects please send us an email marked 'IWOC Training' on the subject line of your email. info@wheelofcolour.com

You are also invited to offer their ideas on any other core topics they feel should be covered.

We need approval of 5 MP's to place these recommendations on the website.